

## Hebrews 4

King James Version (KJV)

**4** Let us therefore fear, lest, a promise being left us of entering into his rest, any of you should seem to come short of it. (fear= revere; fear God if you hate Him, revere God if you love Him) (rest = abode - sabbath) Isaiah-26:43 (Remind God of His promises so He can bless you with them)

<sup>2</sup> For unto us was the gospel preached, as well as unto them: but the word preached did not profit them, not being mixed with faith in them that heard it. (They heard but the didn't believe, so they didn't profit from God's Word)

<sup>3</sup> For we which have believed do enter into rest, as he said, As I have sworn in my wrath, if they shall enter into my rest: although the works were finished from the foundation of the world. (Foundation = catabole <Greek>; the failed rebellion, and downfall of Satan against God) (Before the catabole, God made a resting place <peace of mind> for those that believe on Him and love Him) see Psalms-95:11

<sup>4</sup> For he spake in a certain place of the seventh day on this wise, And God did rest the seventh day from all his works. Genesis-2 (Today, our Sabbath as Christians is in Jesus Christ. We Sabbath every day; our rest is our peace of mind in God's salvation)

<sup>5</sup> And in this place again, If they shall enter into my rest. (If we enter; it's up to us)

<sup>6</sup> Seeing therefore it remaineth that some must enter therein, and they to whom it was first preached entered not in because of unbelief: (Their lack of faith harmed them. They didn't enter into God's rest)

<sup>7</sup> Again, he limiteth a certain day, saying in David, To day, after so long a time; as it is said, To day if ye will hear his voice, harden not your hearts. Psalms-95:7 (Open your mind to God)

<sup>8</sup> For if Jesus had given them rest, then would he not afterward have spoken of another day. (Jesus- should be translated Joshua – who led the Israelites into the Promised Land. He was a type for Jesus, who will lead us into the Promised Land at the end of this Age. The Promised Land that Joshua led to was not eternal. The Promised Land that Jesus will lead us into will be eternal)

<sup>9</sup>There remaineth therefore a rest to the people of God. (Rest = Sabbath) (Our word sabbatical comes from this)

<sup>10</sup>For he that is entered into his rest, he also hath ceased from his own works, as God did from his. Collosians-2:14-16 (Jesus fulfilled all the blood ordinances to the cross. The law <10 Commandments> remains, but the ordinances are done for all time) also see 1Corinthians-5:7

<sup>11</sup>Let us labour therefore to enter into that rest, lest any man fall after the same example of unbelief. (Unbelief would rob us of the rest that Jesus gave us. Let us work to enter into that rest)

<sup>12</sup>For the word of God is quick, and powerful, and sharper than any two edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart. (Quick = alive) (Jesus <God in the flesh> is the Living Word) see John-1:1

(Our soul is our self. We have 2 bodies – a flesh body for the Second Age; a spiritual body for the First and Third Ages)

<sup>13</sup>Neither is there any creature that is not manifest in his sight: but all things are naked and opened unto the eyes of him with whom we have to do. (God can see into our minds because He created us. There are no secrets where God is concerned)

<sup>14</sup>Seeing then that we have a great high priest, that is passed into the heavens, Jesus the Son of God, let us hold fast our profession. (Jesus is God in the flesh. One God, many offices; God begat Himself into the flesh, through Mary)

<sup>15</sup>For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin. (Jesus lived a sin-free life as an example to us. HE is our High Priest)

<sup>16</sup>Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need. (Because of jesus' sacrifice on the cross, we can enter into His sight and receive the rest that He gave us. We don't need men to serve as high priest)